

# PATHWAYS TO HOPE

Pathways is a year-round group mentorship program with monthly activities. Children can participate in a week of Camp HOPE or Pathways or both depending on what works best for them. The goal of Pathways is to mitigate the impacts of trauma for children by building community, increasing self-esteem, and teaching coping skills.

Year-round programming involving mentors for children matters because children with mentors are:

- 55% more likely to enroll in college
- 130% more likely to hold leadership positions
- 78% more likely to volunteer regularly
- 90% become interested in being a mentor for others



Safe  
Futures



**Camp HOPE  
America,  
Safe Futures**

*Safe Futures is an Affiliate of Alliance for  
HOPE International/Camp HOPE*

# ABOUT

The Mission of Camp HOPE America, Safe Futures is to help children in Southeastern Connecticut who have been exposed to trauma find pathways to HOPE and healing. The program consists of a week of overnight camp supported by yearlong activities and group mentorship referred to as Pathways.

Safe Futures has partnered with Channel 3 Kids Camp in Andover, CT. Throughout the course of a week at Channel 3 Kids Camp, campers participate in a variety of activities ranging from field games to rock climbing, archery, and arts and crafts to campfire songs. Campers are challenged to step outside of their comfort zone and accomplish an activity they haven't had the opportunity to do before, in order to overcome their fears. Each day, campers read about real people, not too much older than they are, who have overcome diversity, abuse, and other real life challenges to show them that they are not alone, and that their past does not define their future.

The year-round piece of the program, Pathways, is intended to create a safe and nurturing community for not only the youth involved, but their families as well. The events held throughout the year are varied and include team building activities, art projects, educational field trips, and family events. We want to continue to expose children to new experiences while also giving them positive role models and friends.

# FREQUENTLY ASKED QUESTIONS

## ***What age children can participate?***

Children between the ages of 7 and 11 can enroll in the program.

## ***How much does it cost?***

There is no cost for families to participate in Camp HOPE. With the help of generous donors, supporters, and donations, Safe Futures is able to cover the cost of camp tuition and provide a camp trunk to each camper with camping supplies.



## ***Is every child in the program guaranteed a spot at camp?***

No, space is limited and not every child is ready for a week of overnight camp. Safe Futures' Director of Camp HOPE will meet with each family to discuss what is best for their child.

## ***Who will care for my child while they are at camp?***

Children will sleep in a cabin with one Channel 3 Kids Camp Counselor and one HOPE Counselor, who is a staff or volunteer of Safe Futures and also lead children through the day's activities. The Director of Camp HOPE attends every week of camp along with additional Safe Futures staff to ensure the best possible experience is provided for your child. In addition, Channel 3 Kids Camp has nurses or emergency medical technicians on-site 24 hours a day.

# CONTACT INFORMATION

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