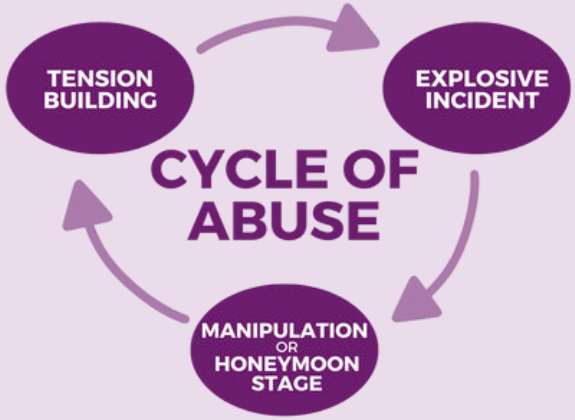
SIGNS OF ABUSE

Does your partner...

- Threaten to out you?
- Make fun of your gender or call you names?
- Try to control how you express yourself?
- Refuse to use the name or pronouns you choose for yourself?
- Get angry or jealous when you spend time with others?
- Hide or steal your hormones?
- Prevent you from going to trans or non-binary events?
- Not respect your safeword?
- Force you into a gender role?



GET HELP

If you or someone you know is in an abusive situation and needs help, please call the **Safe Futures 24/7 Confidential Hotline at 860) 701-6001** or text CT Safe Connect at (888) 774-2900.

You can remain anonymous.
All services are free and confidential.

Learn more about Abuse of Transgender, Gender Non-Conforming, or Non-Binary Partners on our website:

United Way **Partner Program**
United Way of Southeastern CT

cca | DV
Connecticut Coalition Against Domestic Violence

Services funded in part by the State of Connecticut, Departments of Social Services and Mental Health & Addiction Services and the Office of Victim Services, Judicial Branch.

Safe Futures

16 Jay Street, New London, CT 06320
Office Phone: (860) 447-0366
24/7 Hotline: (860) 701-6001

Safe Futures provides crisis services, counseling, court support, and housing for all victims of domestic violence, sexual assault, stalking, and trafficking in Southeastern Connecticut. All services are free and confidential; provided by Certified Domestic Violence Crisis Counselors; provided with equality, equity, liberation, and inclusion; survivor-centered; trauma-informed; and voluntary to those in need regardless of income level, age, ability, religion, ethnicity, gender, and sexual identity.

Learn more: safefuturesct.org

Safe Futures

Saving Lives. Restoring Hope. Stopping Abuse.

Abuse of Transgender, Gender Non-Conforming, or Non-Binary Partners

Safe Futures supports victims of domestic violence, sexual assault, stalking and trafficking in southeastern Connecticut.

24/7 Hotline: (860) 701-6001

DEFINITIONS

Transgender: Transgender is an umbrella term for people whose gender identity does not fit within the traditional gender model, or for someone whose assigned gender does not match their gender identity.

Gender non-conforming: Gender non-conforming is a term used to describe someone who does not conform to society's expectations of their assigned gender.

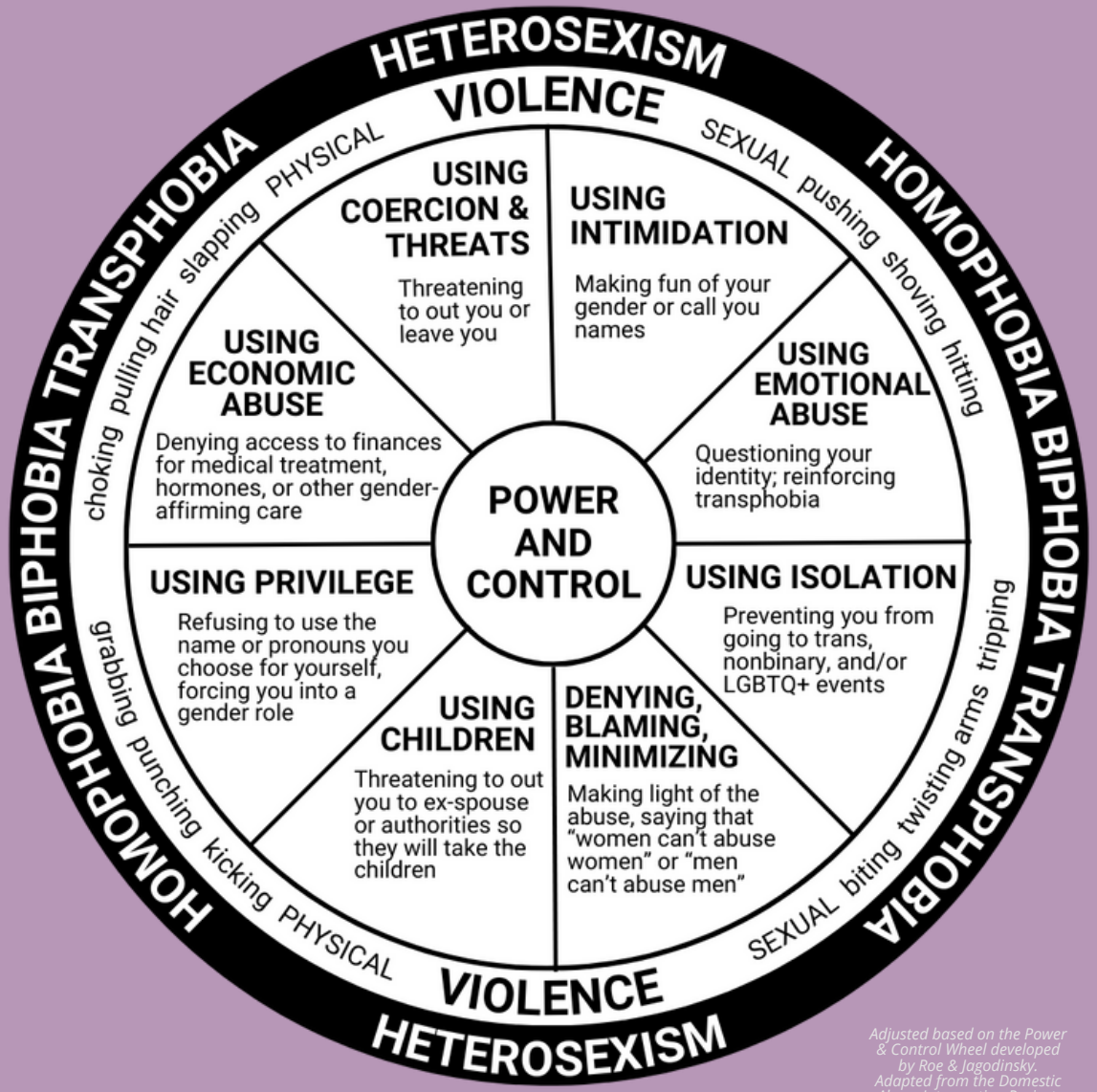
Non-binary: People whose gender is not male or female use many different terms to describe themselves, with non-binary being one of the most common.

What is partner abuse? A systematic pattern of behaviors where one person non-consensually uses power to try to control the thoughts, beliefs, actions, body, and/or spirit of a partner.

Consent: Consent is an essential part of healthy relationships. Even if you have consented to something in the past, you can always change your mind and should be given the space to process and communicate it.

Strangulation: Has your partner ever grabbed you around the neck or tried to choke you in any way? Strangulation is one of the most lethal forms of domestic violence. Unconsciousness may occur within seconds and death within minutes. *Learn more: safefuturesct.org/strangulation*

POWER & CONTROL WHEEL FOR TRANSGENDER, GENDER NON-CONFORMING, OR NON-BINARY RELATIONSHIPS



Adjusted based on the Power & Control Wheel developed by Roe & Jagodinsky. Adapted from the Domestic Abuse Intervention Project.

"My partner would always make fun of my voice and make inappropriate comments about my body in front of my friends. It made me feel uncomfortable. When I asked my partner to stop, they said that I was just being sensitive." - Anonymous Survivor