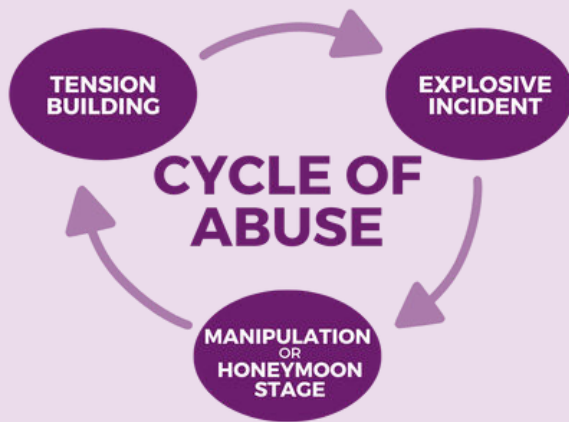


ABUSIVE PARTNERS MIGHT SAY:

- "I know I can't trust you alone with your friends you'll sleep with anyone."
- "You aren't really part of the LGBTQ+ community."
- "If you leave me, I'll tell your boss that you are bi."
- "I know that all you bisexuals are just sluts."
- "You are just confused about your sexuality."
- "I know you are going to leave me for a woman," or "I know that you are going to leave me for a man."



GET HELP

If you or someone you know is in an abusive situation and needs help, please call the **Safe Futures 24/7 Confidential Hotline at (860) 701-6001** or text CT Safe Connect at (888) 774-2900.

You can remain anonymous.
All services are free and confidential.

Learn more about
Bisexuality and Partner Abuse on our website:



Partner Program
United Way of
Southeastern CT

Services funded in part by the State of Connecticut, Departments of Social Services and Mental Health & Addiction Services and the Office of Victim Services, Judicial Branch.

Safe Futures

16 Jay Street, New London, CT 06320
Office Phone: (860) 447-0366
24/7 Hotline: (860) 701-6001

Safe Futures provides crisis services, counseling, court support, and housing for all victims of domestic violence, sexual assault, stalking, and trafficking in Southeastern Connecticut. All services are free and confidential; provided by Certified Domestic Violence Crisis Counselors; provided with equality, equity, liberation, and inclusion; survivor-centered; trauma-informed; and voluntary to those in need regardless of income level, age, ability, religion, ethnicity, gender, and sexual identity.

Learn more: safefuturesct.org



Bisexuality and Partner Abuse



Safe Futures supports victims of domestic violence, sexual assault, stalking and trafficking in southeastern Connecticut.

24/7 Hotline: (860) 701-6001

DEFINITIONS

What is bisexuality? Bisexuality means being attracted to more than one gender.

What is partner abuse? A systematic pattern of behaviors where one person non-consensually uses power to try to control the thoughts, beliefs, actions, body, and/or spirit of a partner.

Consent: Consent is an essential part of healthy relationships. Even if you have consented to something in the past, you can always change your mind and should be given the space to process and communicate it.

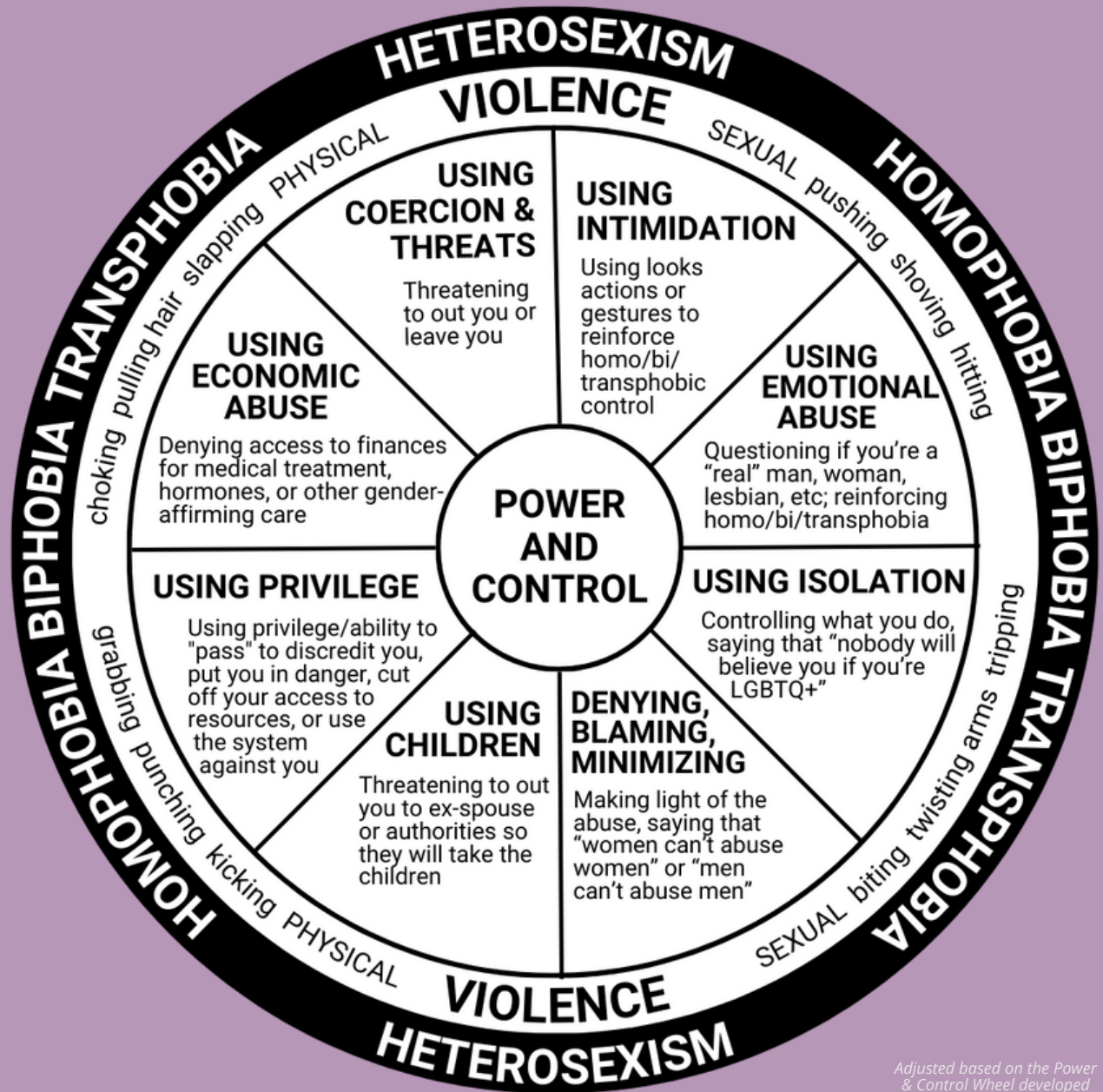
Strangulation: Has your partner ever grabbed you around the neck or tried to choke you in any way? Strangulation is one of the most lethal forms of domestic violence. Unconsciousness may occur within seconds and death within minutes. *Learn more: safefuturesct.org/strangulation*

SIGNS OF ABUSE

Does your partner...

- Get jealous of people in your life?
- Make fun of you for being bisexual?
- Try to control how you dress or act?
- Force you to identify as a certain sexuality?
- Prevent you from being out as bisexual?
- Not respect your safeword?
- Pressure you to have sex in ways that you don't want to?
- Keep you from going to LGBTQ+ events?

POWER & CONTROL WHEEL FOR LGBTQ+ RELATIONSHIPS



Adjusted based on the Power & Control Wheel developed by Roe & Jagodinsky. Adapted from the Domestic Abuse Intervention Project.